

Appendix 2

EXCLUSION OF STAFF FROM WORK

The following table gives advice on the minimum period of exclusions from work for staff members suffering from infectious disease (cases) or in contact with a case of infection in their own homes (home contacts).

MINIMUM EXCLUSION PERIOD

DISEASE	INFECTIVE PERIOD	CASE	HOME CONTACT
Chicken Pox	From 2 days before until the last of the lesions are dry.	6 days from onset of rash	None - Special case Pregnant women - seek medical advice
Conjunctivitis	While a purulent discharge is present	Until discharge stops	None
Cryptosporidium	Whilst has diarrhoea	Until 48 hours after first normal stool	None
Erythema infectiosum (Slapped Cheek Syndrome)	4 days before until 4 days after onset of rash	Until clinically well	None. Pregnant women should seek medical advice
Gastro enteritis	As long as vomiting and diarrhoea persists	Until clinically well and 48 hours without diarrhoea or vomiting. SMO or PEHO may advise a longer period of exclusion	SMO or PEHO will advise on local policy
Glandular Fever	When symptomatic	Until clinically well	None
Giardia lamblia	Whilst has diarrhoea	Until 48 hours after first normal stool	None
Hand, Foot and Mouth Disease	Varies. Virus may be excreted for weeks after symptoms have disappeared.	1 week or until open lesions are healed	None
Hepatitis A	1 week before until 1 week after onset of jaundice	Until clinically well and 1 week after onset of jaundice	SMO will advise on particular case
Hepatitis B	Individual case assessment	Clearance from Occ Health	SMO will advise on particular case
Hepatitis C	Individual case assessment	Clearance from Occ Health	SMO will advise on particular case
Human Immuno Deficiency Virus (HIV/AIDS)	For life	Clearance from Occ Health	None

MINIMUM EXCLUSION PERIOD

DISEASE	INFECTIVE PERIOD	CASE	HOME CONTACT
Measles	3-5 days before to 4 days after onset of rash	4 days from onset of rash and individual must be afebrile	None
Meningitis	Varies with organism	Until clinical recovery	None
Mumps	3 days before to up to 9 days after onset of parotitis	9 days from onset of parotid swelling	None
MRSA	Contact Occ Health for advice. Individual case assessment	Contact Occ Health for advice and clearance	None
Norovirus	As long as organism is present in stools but mainly while diarrhoea lasts	Until 48 hours after first normal stool	Person to person/environmental transmission. Strict hand hygiene using own towel and increase frequency of cleaning to prevent spread.
Rubella (German Measles)	1 week before until 7 days after onset of rash	7 days from onset of rash	None
Salmonella and Shigellosis	As long as organism is present in stools but mainly while diarrhoea lasts	Until 48 hours after first normal stool. Microbiological stool clearance not generally required. Advice on case by case basis. Consult Microbiology/Occ Health/Public Health as necessary.	Hygiene and prevention advice.
Streptococcal Sore Throat and Scarlet Fever	As long as organism is present in throat, usually up to 48 hours after antibiotic started	Until clinically improved (usually 48 hrs after antibiotic started)	None
Shingles	Until after the last of the lesions are dry	Until all lesions are dry - minimum 6 days from onset of rash	None
Tuberculosis	Depends on part infected. Patients with open TB usually become non-infectious after 2 weeks treatment	As directed by treating clinician.	Contact tracing conducted by Public Health as necessary.
Threadworm	As long as eggs present on perianal skin	None but requires treatment	Treatment necessary
Typhoid Fever	As long as case harbours the organism	Seek advice from SMO	Seek advice from SMO

SKIN CONDITIONS**MINIMUM EXCLUSION PERIOD**

DISEASE	INFECTIVE PERIOD	CASE	HOME CONTACT
Impetigo	As long as purulent lesions present	Until skin has healed or 48 hrs after treatment	None
Ringworm			
1. Tinea Capitis (Head)	As long as active lesions are present	Exclusion not always necessary unless an epidemic is suspected	None
2. Tinea Capitis (Body)	As long as active lesions are present	None	None
3. Tinea Pedis (Athletes Foot)	As long as active lesions are present	None	None
Scabies	Until mites and eggs have been destroyed	Until day after treatment is given	None (GP should treat family)
Verrucae (Plantar Warts)	As long as wart is present	None (warts should be covered with waterproof dressing for swimming and barefoot activities)	None